

Waupaca County Elderly Nutrition Program

AUGUST 2020



Wisconsin Aging Manual Nutrition Program Operations Requirements



Nutrition Program Operations Manual



8.4.1 Senior Dining (Congregate) Meals Level of Service

OAA Sec. 331. PART C. NUTRITION SERVICE. SUBPART 1:
CONGREGATE NUTRITION SERVICES PROGRAM AUTHORIZED:

"The Assistant Secretary shall carry out a program for making grants to States under State plans approved under section 307 for the establishment and operation of nutrition projects that

- (1) 5 or more days a week (except in a rural area where such frequency is not feasible (as defined by the Assistant Secretary by regulation) and a lesser frequency is approved by the State agency), provide at least one hot or other appropriate meal per day and any additional meals which the recipient of a grant or contract under this subpart may elect to provide;*
- (2) shall be provided in congregate settings, including adult day care facilities and multigenerational meal sites; and*
- (3) provide nutrition education, nutrition counseling, and other nutrition services, as appropriate, based on the needs of meal participants."*

- Each nutrition program will serve meals five (5) or more days per week in at least one dining center. In areas where such frequency is not feasible, a lesser frequency must be approved by the AAA and BADR through a waiver request..
- Meal frequency will be reviewed annually to determine any need for change.



Important:

- Each nutrition program will serve meals five (5) or more days per week in at least one dining center. In areas where such frequency is not feasible, a lesser frequency must be approved by the AAA (Area Agency on Aging; GWAAR) and BADR (Bureau of Aging & Disability Resources) through a waiver request.
- Meal frequency will be reviewed annually to determine any need for change.
 - Reference: Aging Programs Policies, Procedures, and Technical Assistance – Chapter 8, Nutrition Program Operation Manual, Sect. 8.4.1, Greater Wisconsin Agency on Aging Resources (GWAAR)



Nutrition Program Operations Manual

8.4.27.1 Location of Dining Centers

Dining centers must be located in a facility where eligible individuals will feel free to attend. The dining center must be free of architectural barriers which limit the participation of older persons and be compliant with accessibility standards set forth by the American Disabilities Act (ADA). Every effort must be made by the nutrition staff to dispel perceived and/or implied barriers to participation in addition to ensuring no architectural or other physical access barriers exist. (See Section X – Dining Centers in Housing Facilities and Dining Centers in Communities of Faith).

8.4.27.6 Dining Center Facility and Equipment

The facility will comply with all applicable state and local health, fire, safety and sanitation regulations. When determining the appropriateness of a dining center, nutrition programs will consider:

- available parking
- ease of entry and adequate emergency exits
- availability of hearing loops
- size and scope of restrooms, stairs, elevators, and/or ramps
- availability of fire extinguishers and other fire suppression systems
- Tableware, utensils, equipment, walls, floors and ceilings will comply with applicable regulations as stated in the Wisconsin Food Code.



Current Congregate Dining Options: Nutrition Program Operations Manual

- Traditional Congregate Site – Catered
- Traditional Congregate Site – On-Site Kitchen
- Restaurant Model
- Voucher Program – Redeemable vouchers at local restaurants or cafés



Statewide Nutrition Site Count County & Tribe

- 480 Total Congregate Nutrition Sites Statewide
- 57% of total Congregate Dining Sites open 5 days/week – Statewide
 - 273 sites – 5 days/week
 - 64 sites – 4 days/week
 - 50 sites – 3 days/week
 - 44 sites – 2 days/week
 - 38 sites – 1 day week
 - 11 Sites – Less than 1 day/week



Statewide Nutrition Site Count Cont. County & Tribe

20 Counties & Tribes Operate all Congregate Sites 5 days/week

9 Counties & Tribes Operate no Congregate Site 5 days/week



Waupaca County Neighbor Comparison

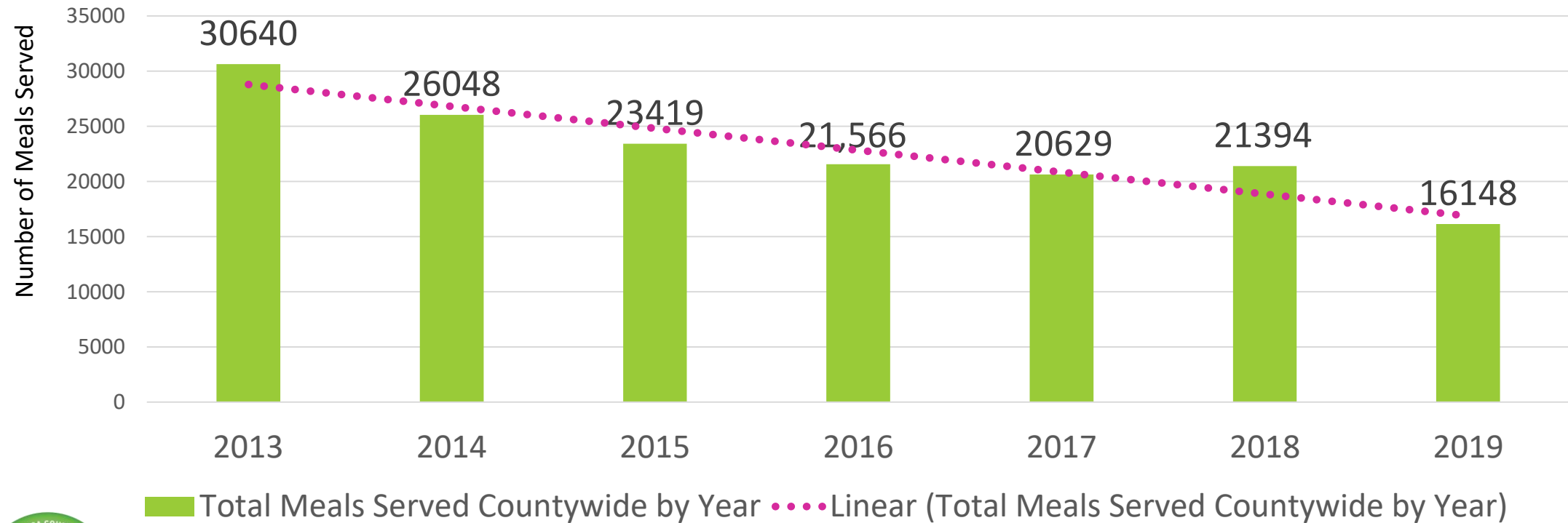
County	1day/wk	2 days/wk	3 days/wk	4 days/wk	5 days/wk	Total Sites
Calumet	1	2	2		1	6
Outagamie			1		4	5
Portage		2	1		4	7
Shawano					6	6
Waupaca			1		6	7
Waushara		1		2	5	8
Wood		1			4	5

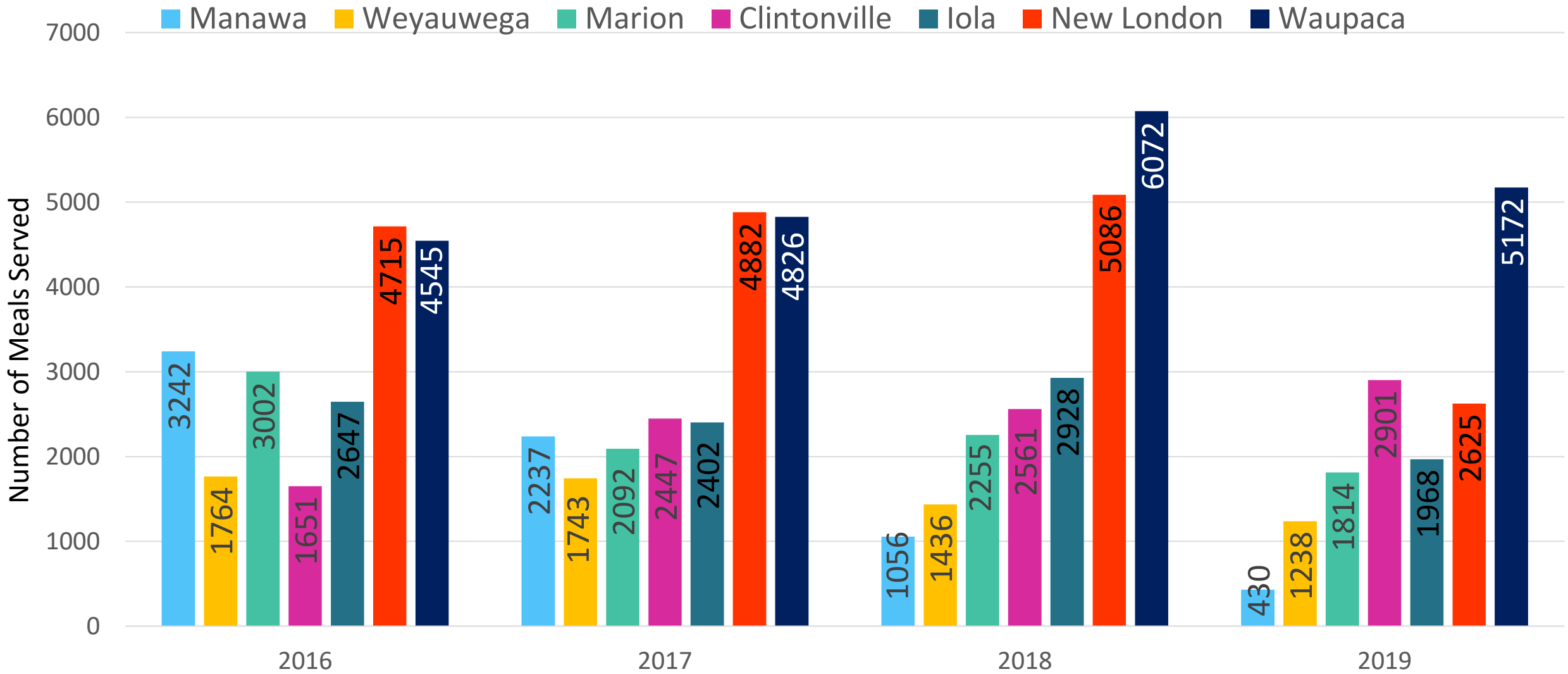
Waupaca County Nutrition Congregate Program Data 2016 – 2017 – 2018 - 2019



Congregate Meals decrease by 14,500 in 5 years

Total Congregate Meals Served Countywide by Year

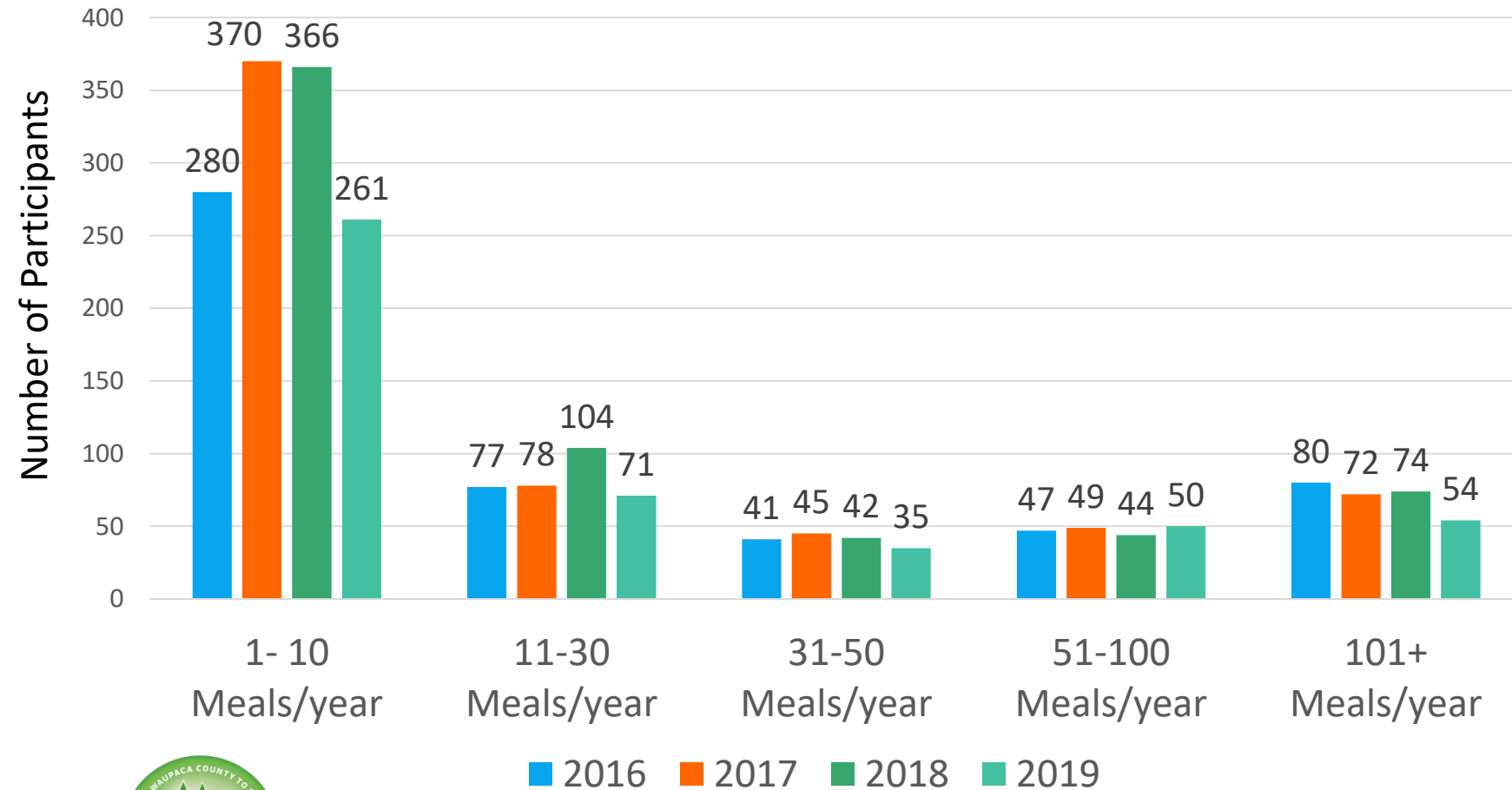




Total Congregate Meals Served by Site for Years Displayed



Number of Congregate Participants by Meal Frequency – Countywide by Year



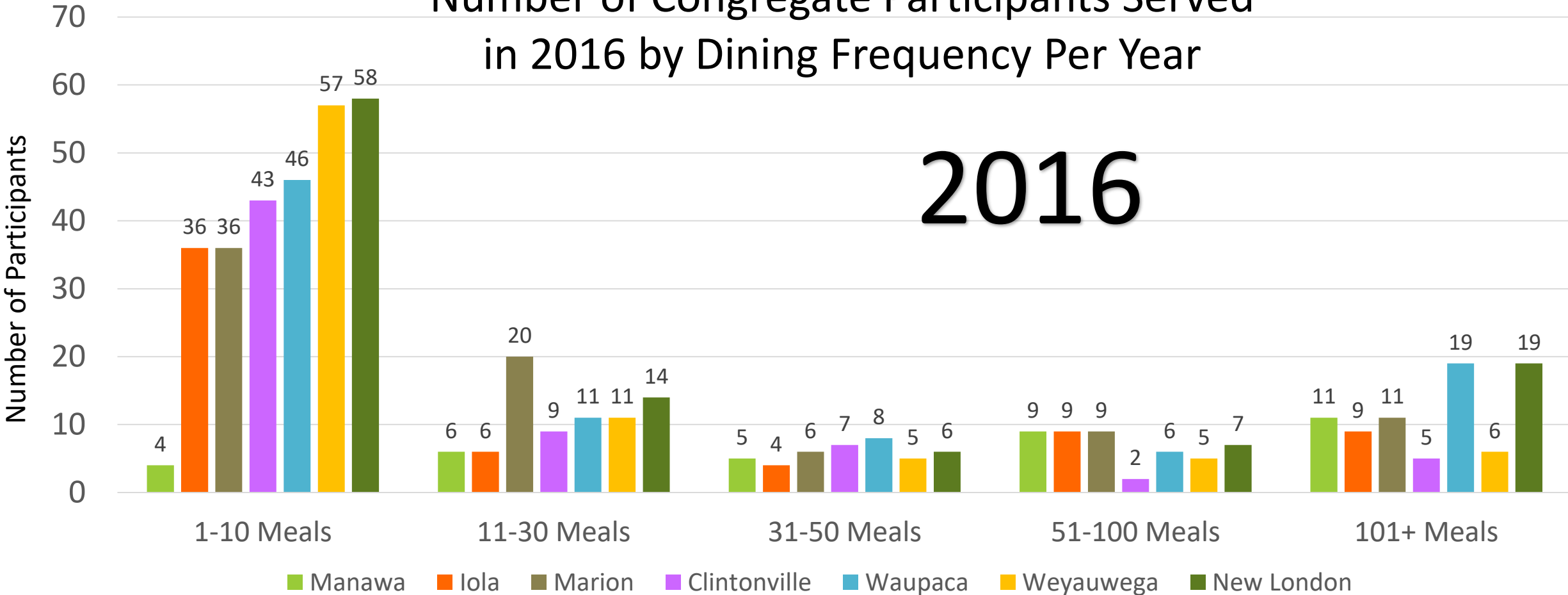
77% of
Congregate
Diners Eat
Less Than
Once a Week
in 2019



****Total Participant Number Includes Duplicates if Participant Ate at More Than One Site****

Number of Congregate Participants Served in 2016 by Dining Frequency Per Year

2016



76% Congregate Diners ate less than 1 time per week in 2016

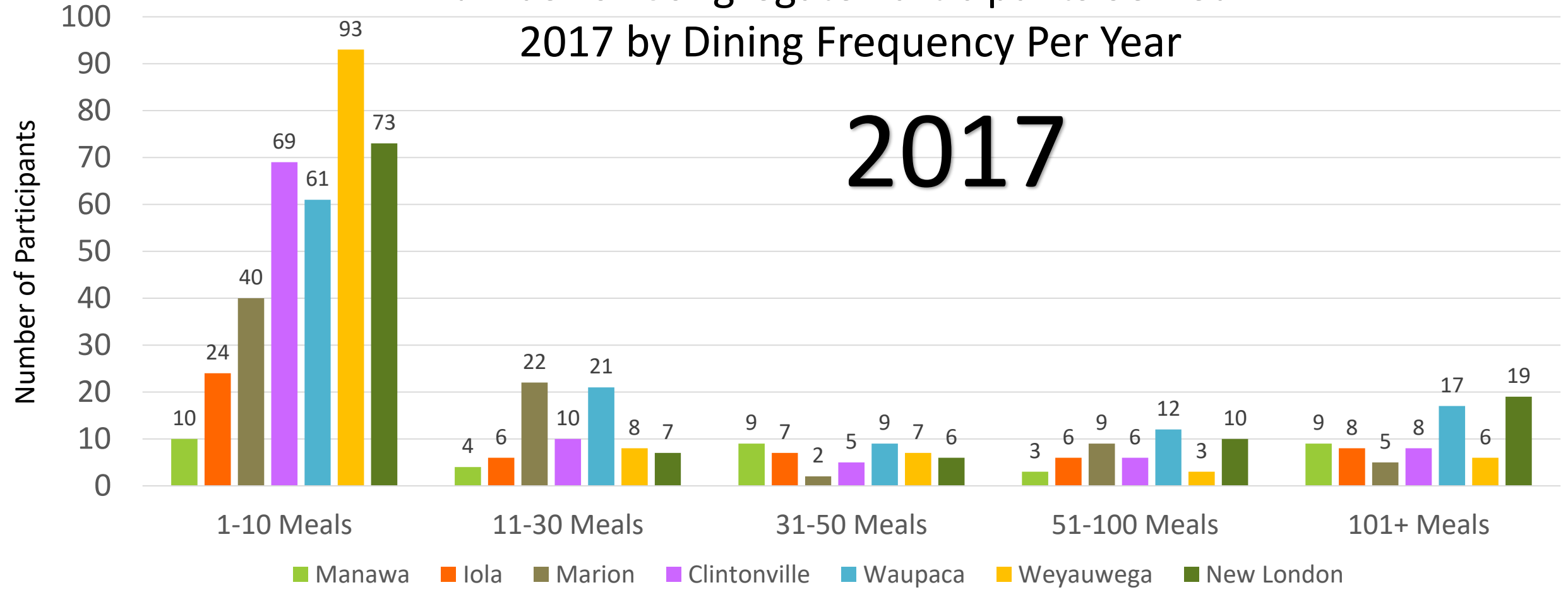
****Total Participant Number Includes Duplicates if Participant Ate at More Than One Site****

****Congregate Diners of all ages included in counts****



Number of Congregate Participants Served in 2017 by Dining Frequency Per Year

2017



80% Congregate Diners ate less than 1 time per week in 2017

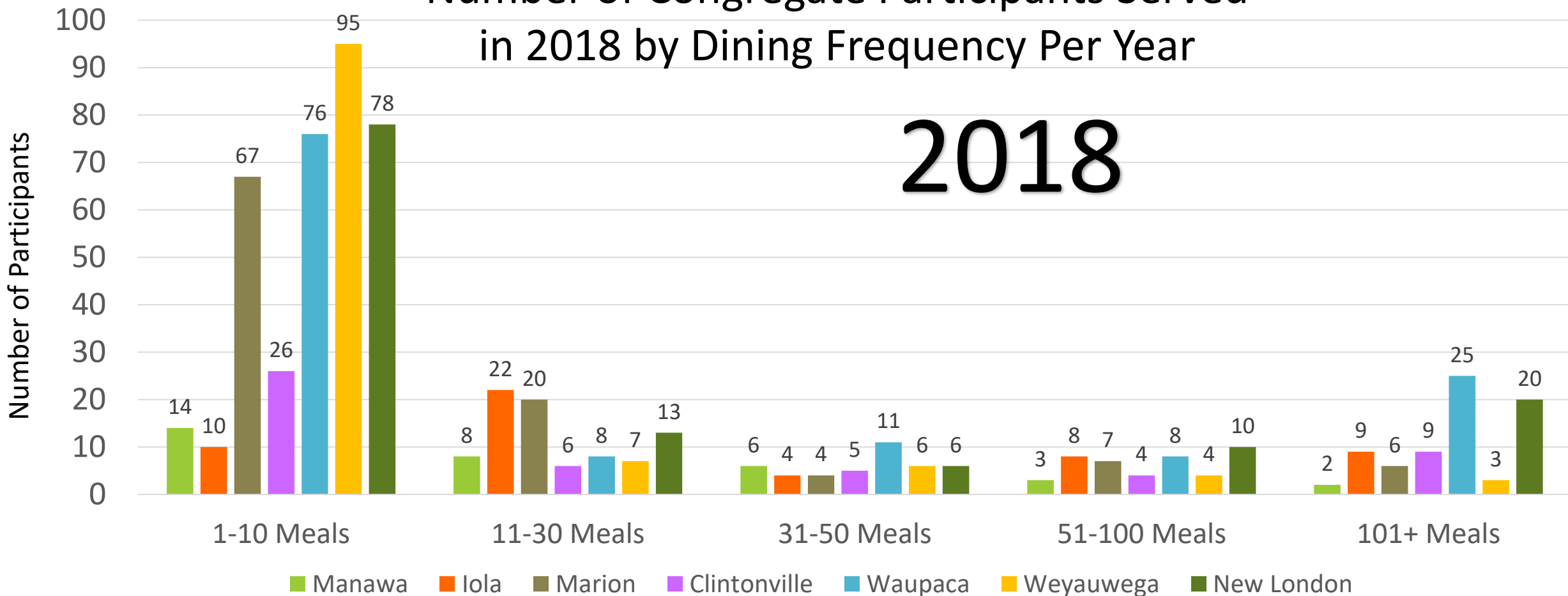
****Total Participant Number Includes Duplicates if Participant Ate at More Than One Site****

****Congregate Diners of all ages included in counts****



Number of Congregate Participants Served in 2018 by Dining Frequency Per Year

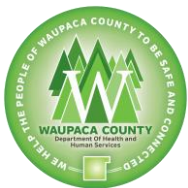
2018



82% Congregate Diners ate less than 1 time per week in 2018

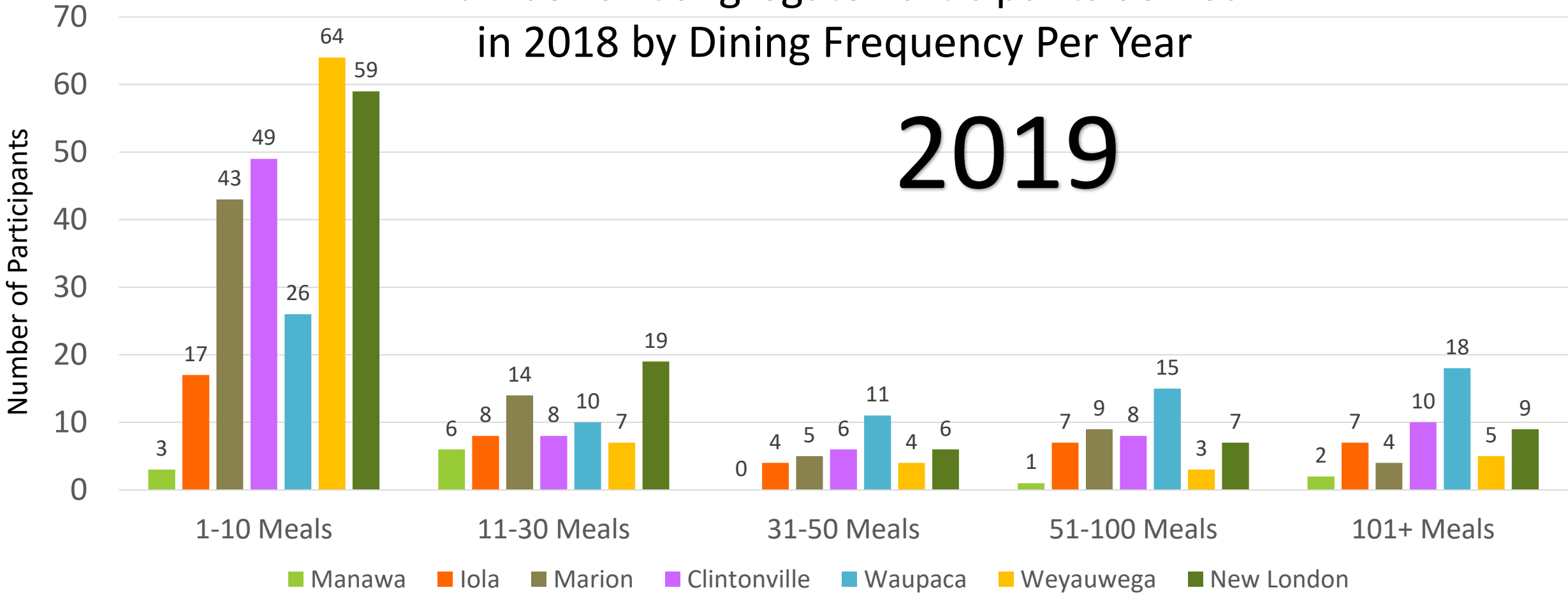
****Total Participant Number Includes Duplicates if Participant Ate at More Than One Site****

****Congregate Diners of all ages included in counts****



Number of Congregate Participants Served in 2018 by Dining Frequency Per Year

2019



77% Congregate Diners ate less than 1 time per week in 2019

****Total Participant Number Includes Duplicates if Participant Ate at More Than One Site****

****Congregate Diners of all ages included in counts****

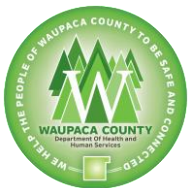
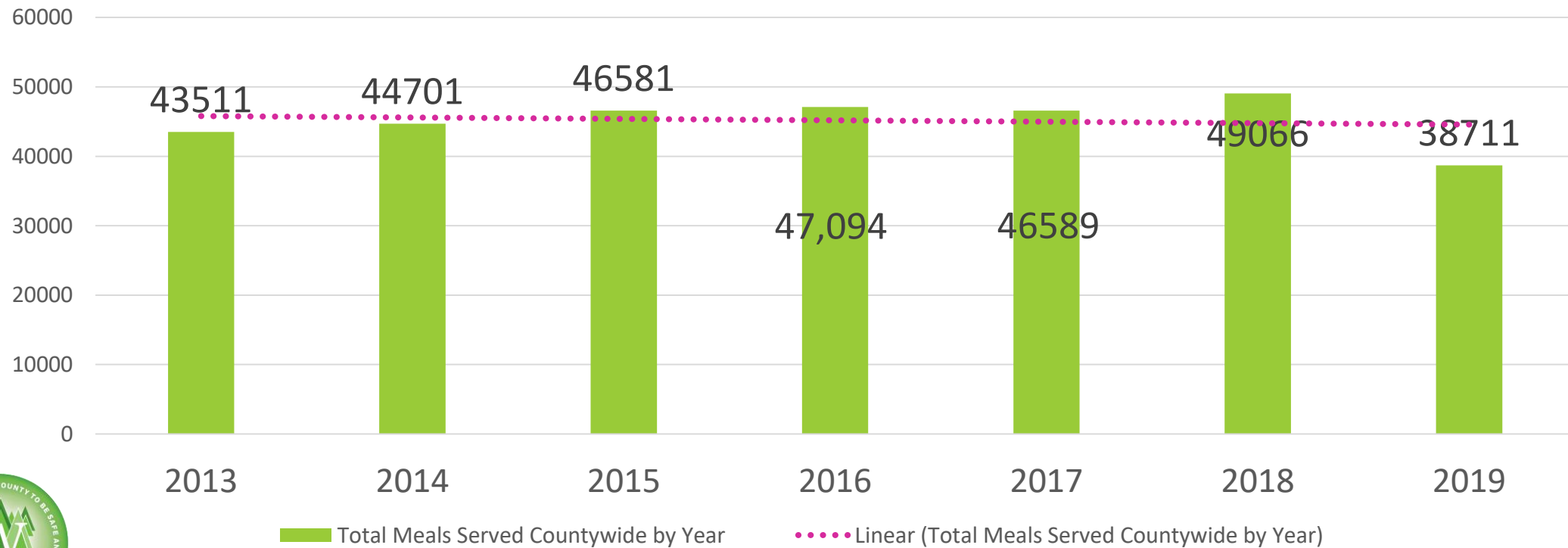


Waupaca County Nutrition Home Delivered Meal Program Data 2016 – 2017 – 2018 – 2019

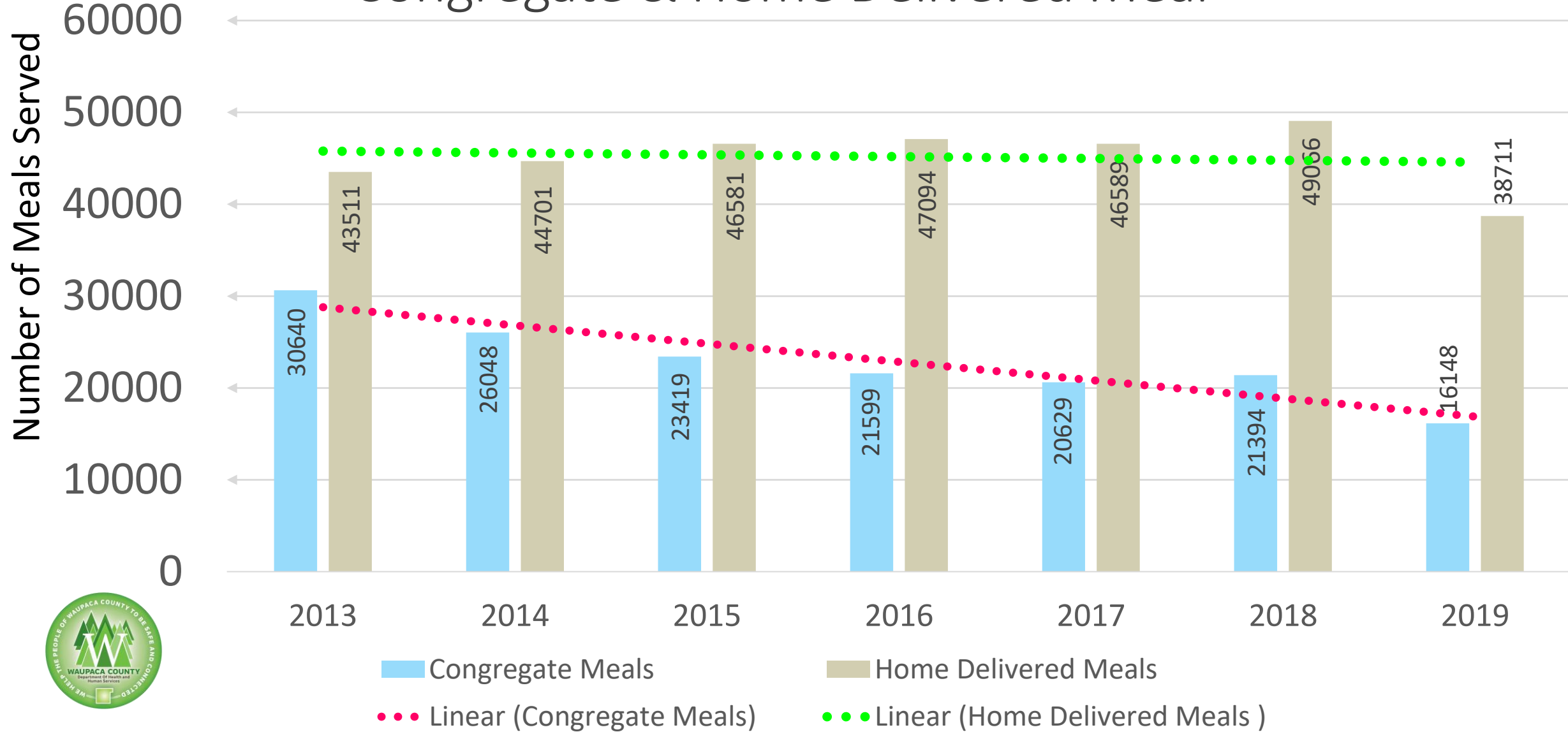


Home Delivered Meals experiences fluctuation in participation

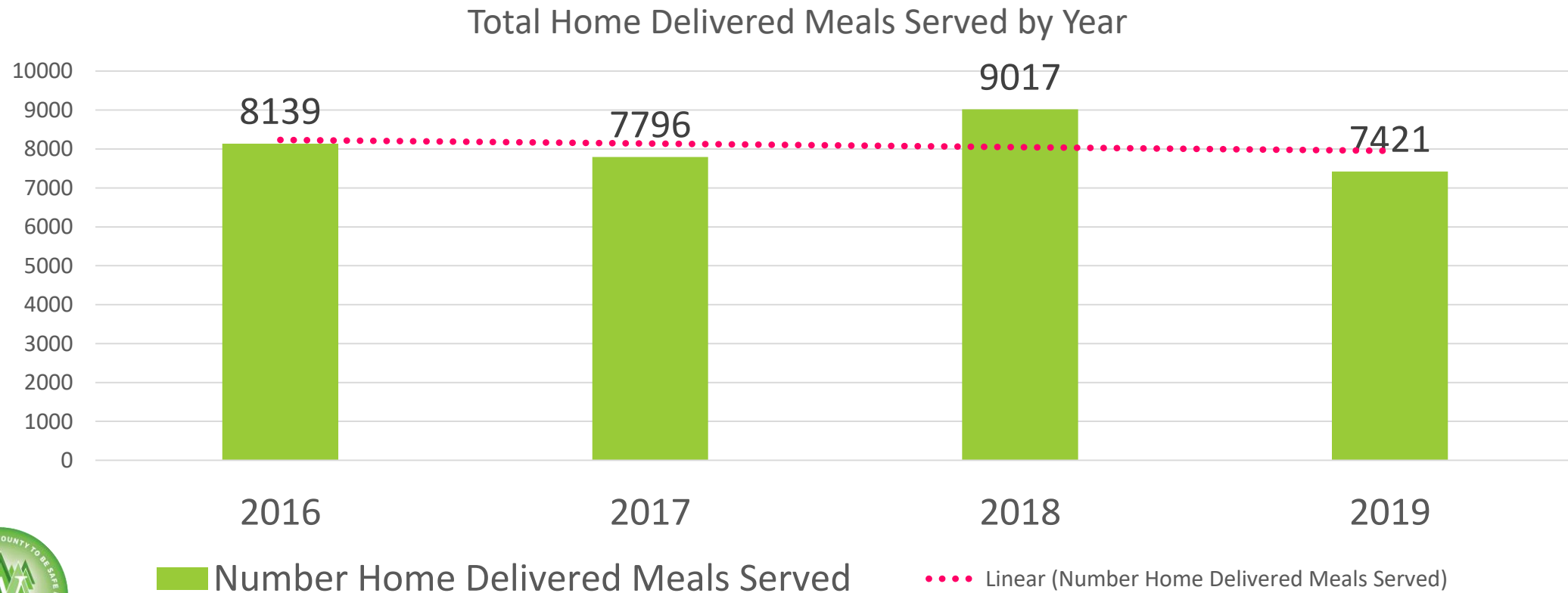
Total Meals Served Countywide by Year



5 Year Trend Comparison: Congregate & Home Delivered Meal

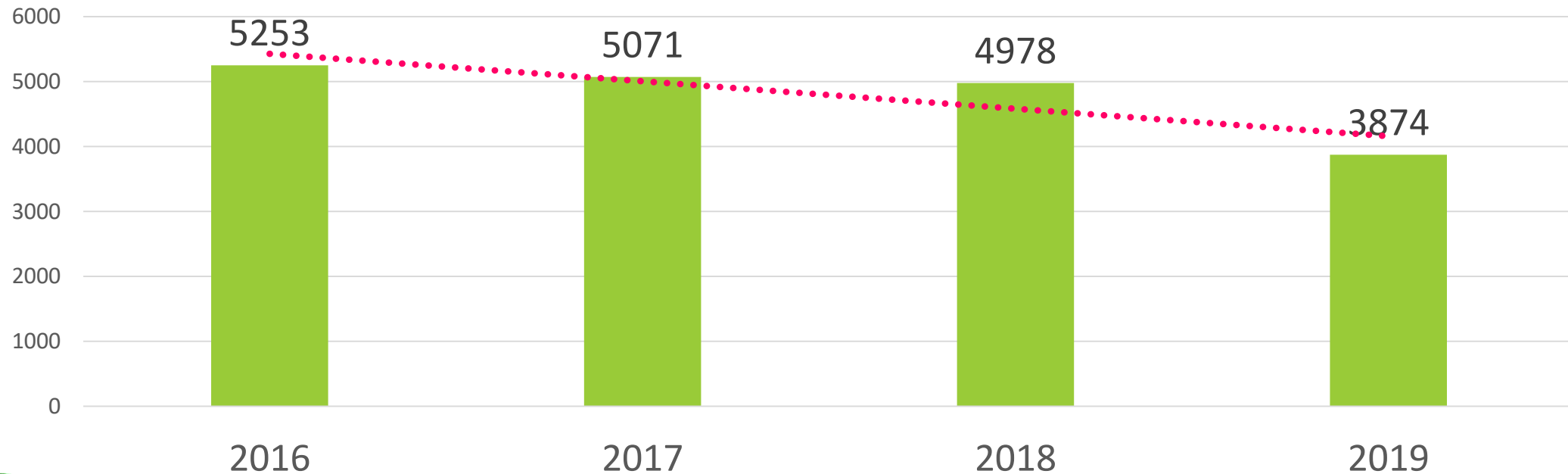


Clintonville Home Delivered Meals 2016 – 2019



Iola Home Delivered Meals 2016 – 2019

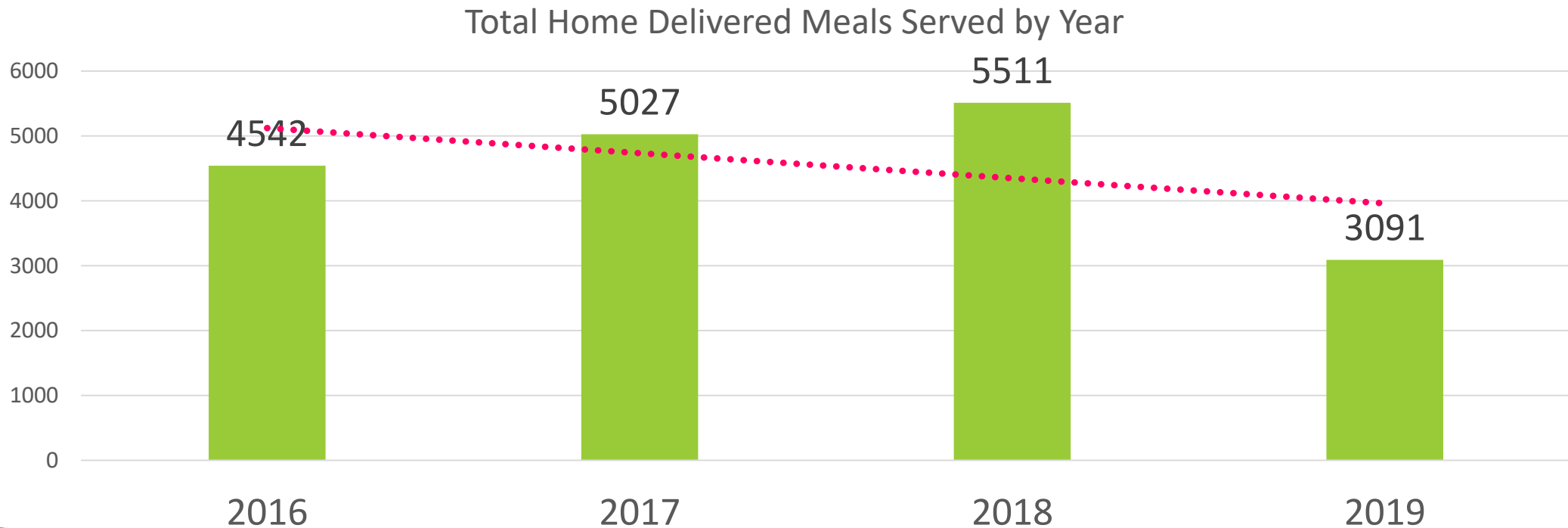
Total Home Delivered Meals Served by Year



■ Total Home Delivered Meals Served by Year ●●● Linear (Total Home Delivered Meals Served by Year)



Manawa Home Delivered Meals 2016 – 2019

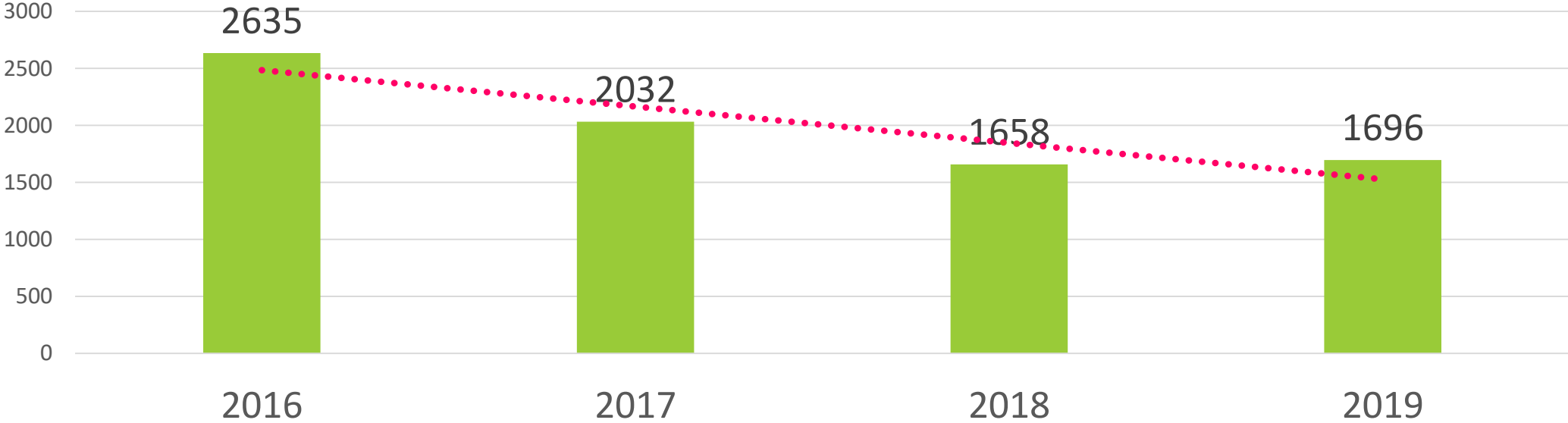


■ Total Home Delivered Meals Served by Year ●●● Linear (Total Home Delivered Meals Served by Year)



Marion Home Delivered Meals 2016 – 2019

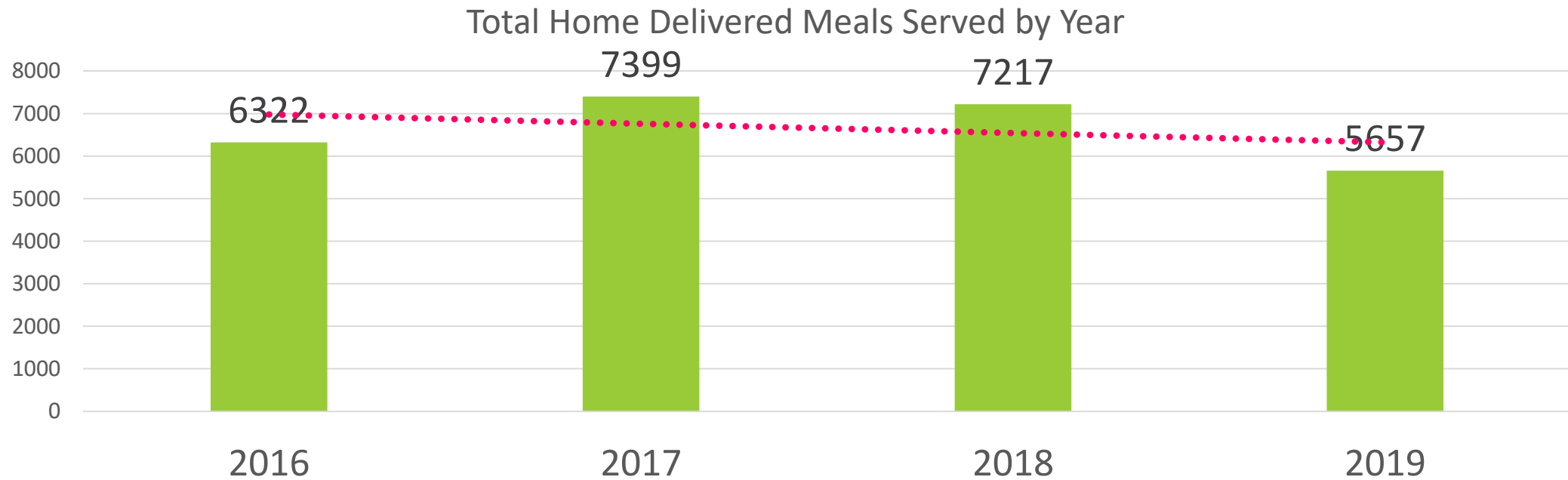
Total Home Delivered Meals Served by Year



- Total Home Delivered Meals Served by Year
- Linear (Total Home Delivered Meals Served by Year)



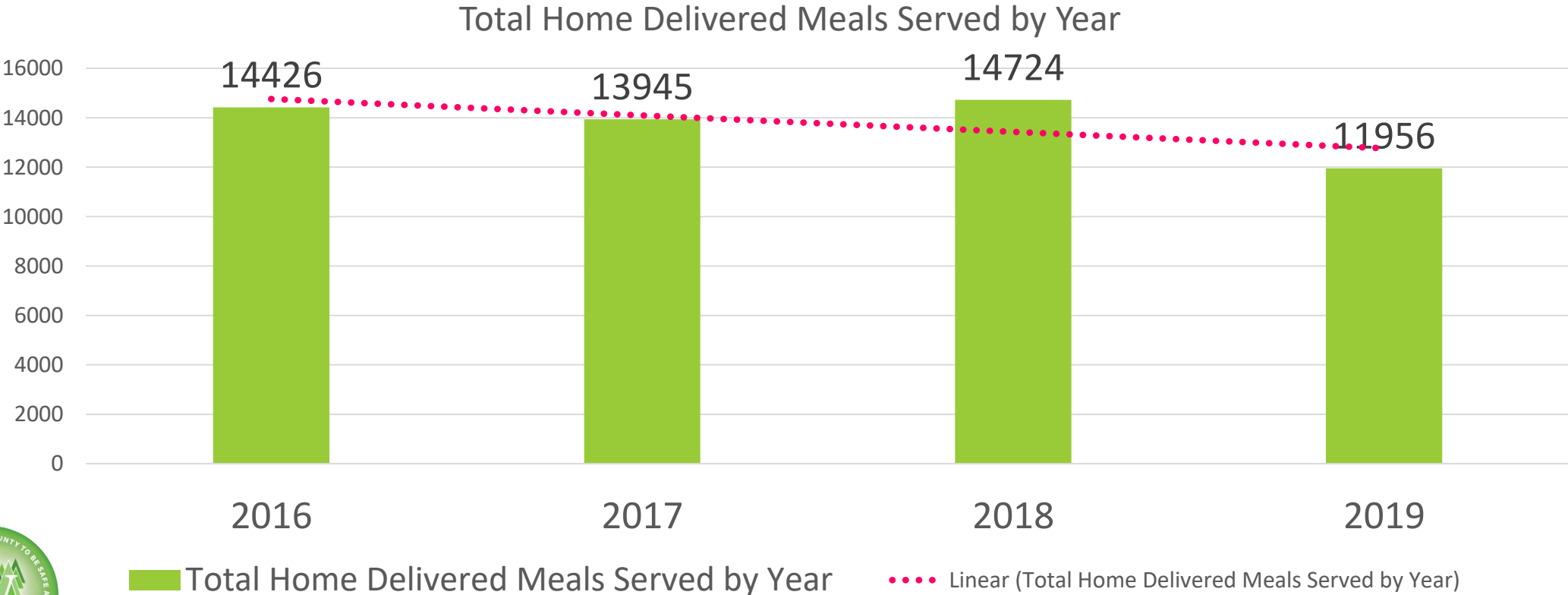
New London Home Delivered Meals 2016 – 2019



- Total Home Delivered Meals Served by Year
- Linear (Total Home Delivered Meals Served by Year)

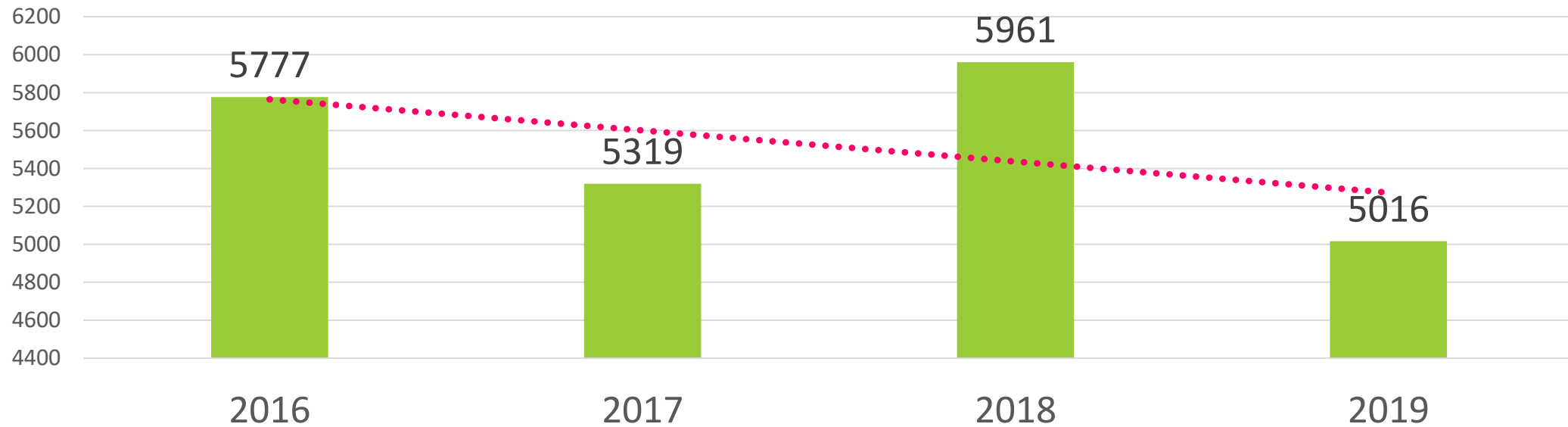


Waupaca Home Delivered Meals 2016 – 2019



Weyauwega/Fremont Home Delivered Meals 2016 – 2019

Total Home Delivered Meals Served by Year



- Total Home Delivered Meals Served by Year
- Linear (Total Home Delivered Meals Served by Year)



State and Local Aging Population Projections

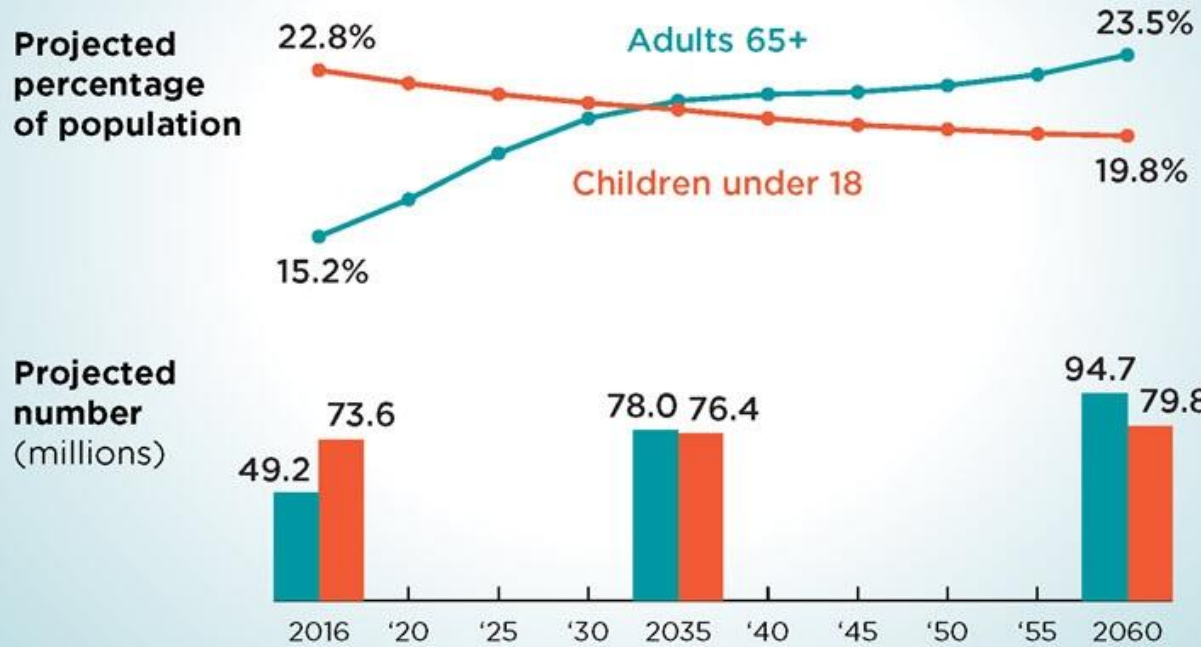




An Aging Nation

Projected Number of Children
and Older Adults

For the First Time in U.S. History Older Adults Are
Projected to Outnumber Children by 2035

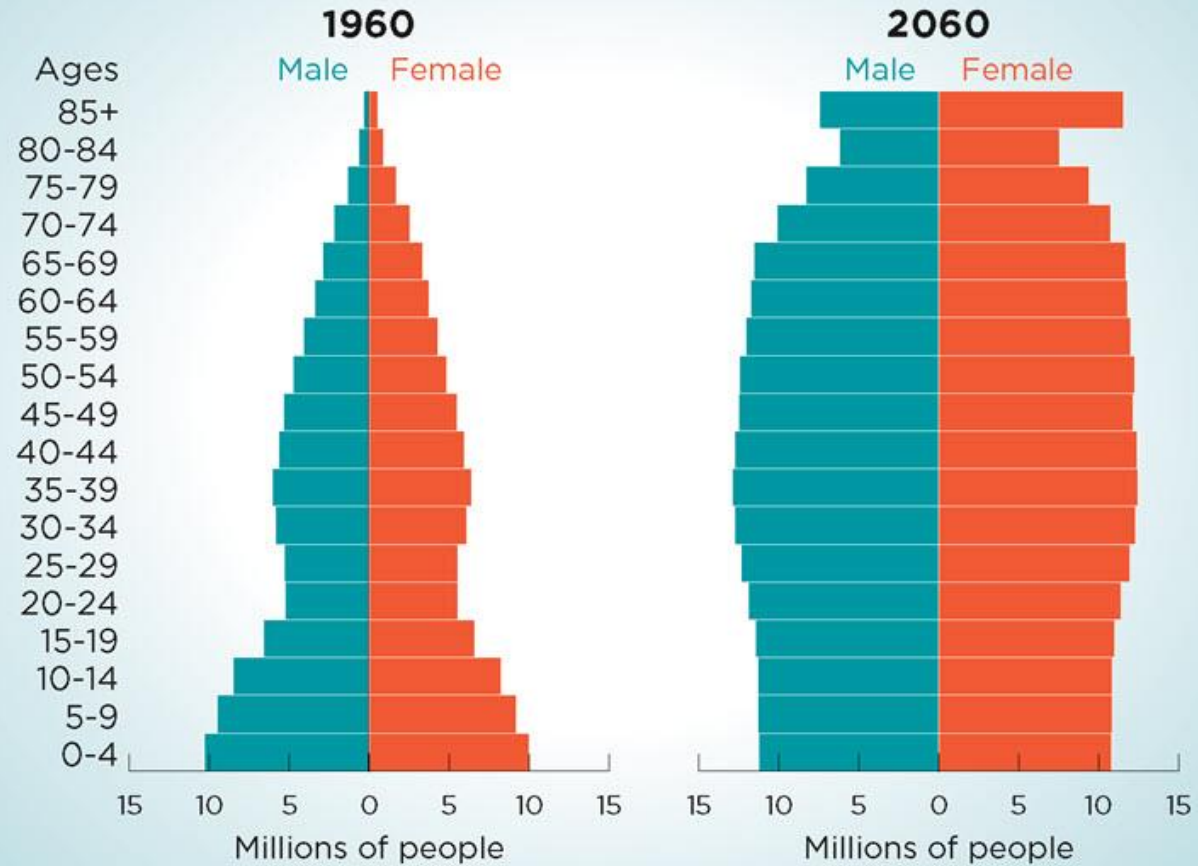


Note: 2016 data are estimates not projections.



From Pyramid to Pillar: A Century of Change

Population of the United States



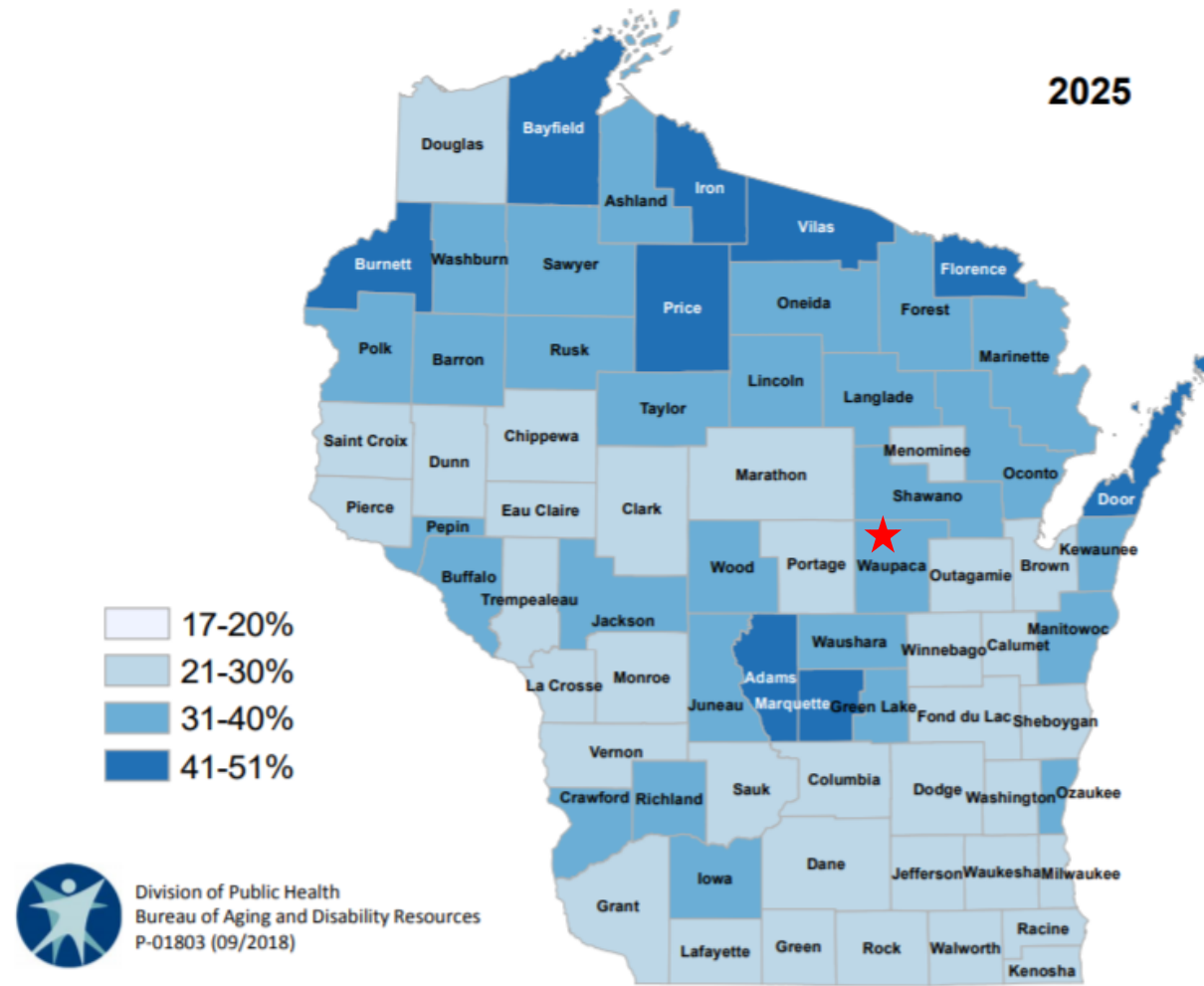
Wisconsin Statewide Statistics

- 16% of total population 65+ years of age
- 67.2% of 65+ individuals living with family
- 32.3% of 65+ individuals have at least one disability
- 16.9% of 65+ still working



U.S. Census Bureau, 2016 American Community Survey, 1-year Public Use Microdata Sample, <<https://www.census.gov/programs-surveys/acs/data/pums.html>>.

Percent of the Projected Population Ages 60 and Older, 2015-2040

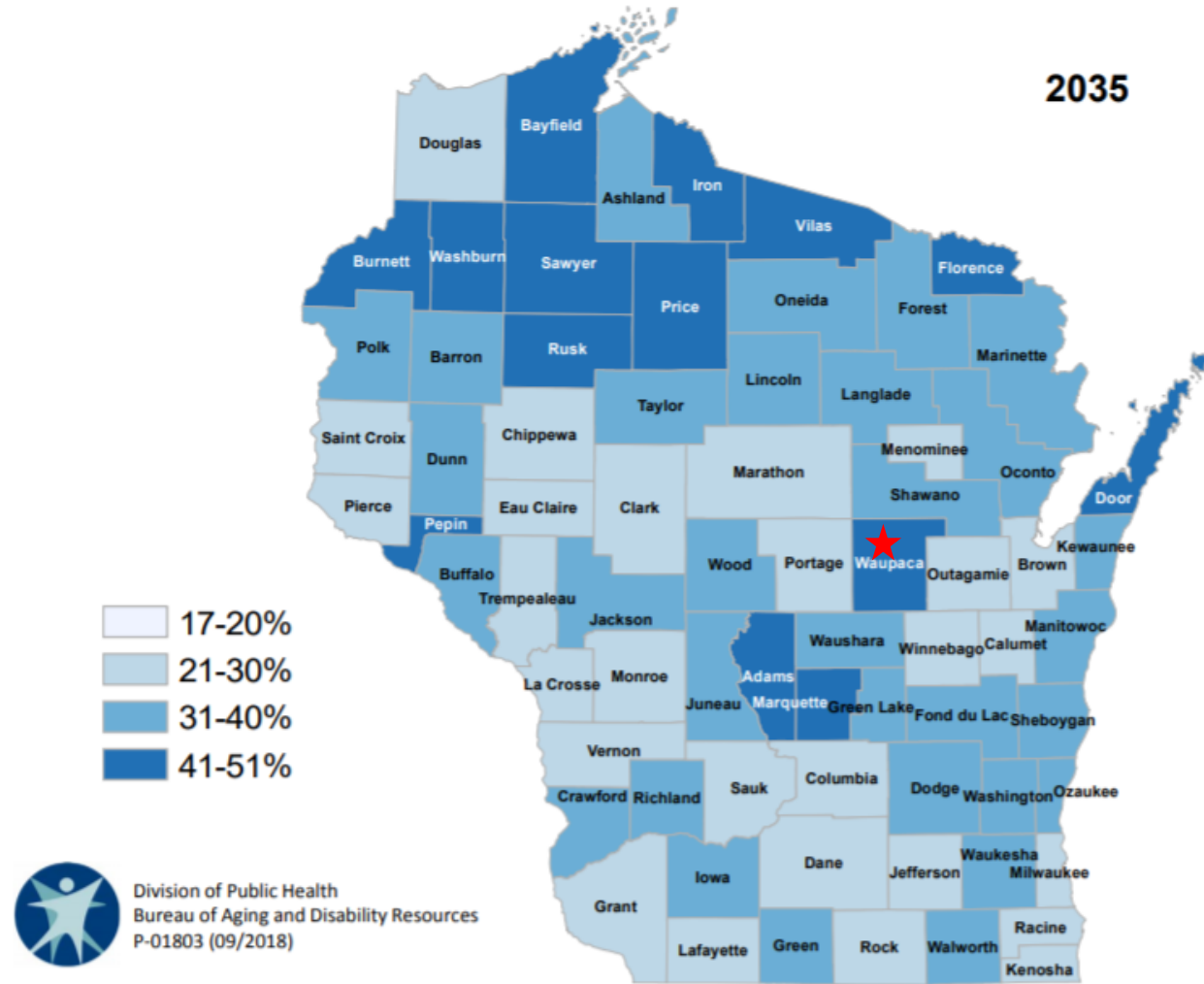


Source: Wisconsin Department of Administration, Demographic Services, 2010-2040 Population Projections, Vintage 2013

In the year 2025, Waupaca County's Aging population (65+) is projected to be **31-40%** of the population.



Percent of the Projected Population Ages 60 and Older, 2015-2040

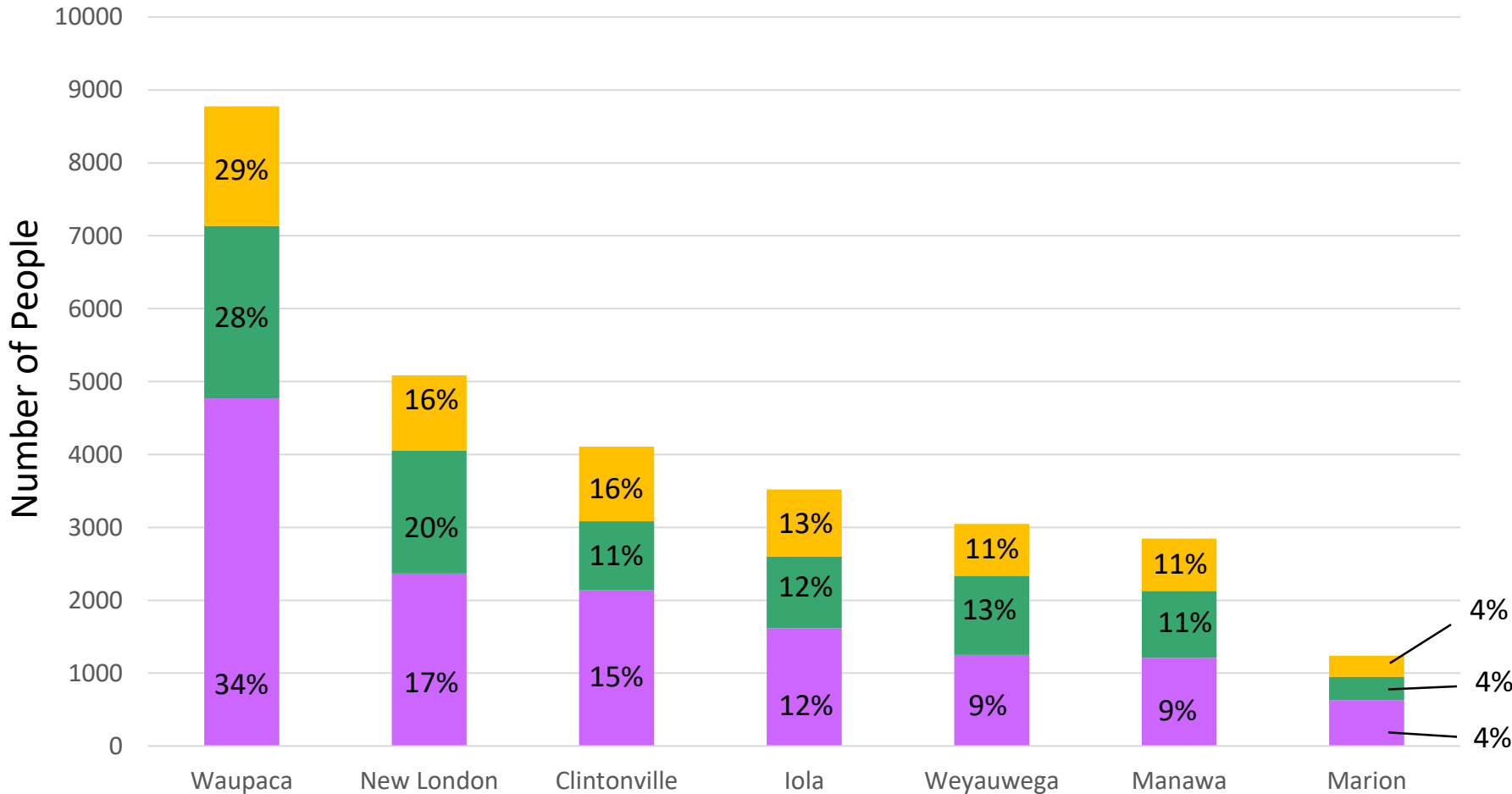


Source: Wisconsin Department of Administration, Demographic Services, 2010-2040 Population Projections, Vintage 2013

In the year 2035, Waupaca County's Aging population (65+) is projected to be **41-51%** of the population.



Percentage of Eligible Population by Nutrition Site Location



13,980 People Currently Eligible

8310 Additional People Eligible in 10 Years

6332 Additional People Eligible in 20 Years



■ Currently Eligible
 ■ Eligible in 10 Years
 ■ Eligible in 20 Years

34% of Currently Eligible Waupaca County residents would dine at Waupaca Nutrition Site as nearest location.

References

- Waupaca County Nutrition Program: SAMS Database 2013-2018
- US Census Bureau: <https://www.census.gov/> ; 2016 American Community Survey
- AARP: <https://www.aarp.org/>
- GWAAR: Pam VanKampen – RDN, CD, Nutrition Specialist
- Wisconsin DHS: PowerPoint: Wisconsin’s “Elder Boom” Projections for the Growing 65+ Population, 2005-2035, 10/2009

